



Dear Parents/Guardians,

We are starting a third round of Build a Skill and your student has brought home this permission letter to participate in the **Build a Skill** program through **CLAY**, our community wellness coalition in Provost.

CLAY (Community Lifestyles and You) is a collaborative group committed to promoting wellness and building strong community connections. Our coalition includes organizations such as:

- Provost & District FCSS
- Town of Provost
- Family Resource Network
- Alberta Health Services
- Recovery Alberta
- Provost Library
- Primary Care Network
- EEOC Provost Adult Learning & Literacy
- Healthy Families
- RCMP

...and many others working together to create opportunities for youth and families.

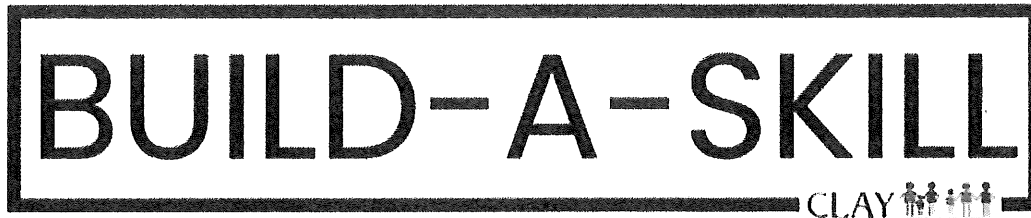
In the past, we've successfully organized projects like painting stencils on local walking trails, hosting family swims, fun runs, and supporting the Children's Fair with engaging and educational activities.

Following the great success of the last two rounds of the **Build a Skill** program, we're thrilled to bring it back as a few mentors are interested in more students.

About the Build a Skill Program:

This initiative connects **junior and senior high students** with **adult mentors** in the community to learn practical **vocational and life skills**. The goal is to provide students with valuable hands-on experience while encouraging personal growth and career exploration.

Community mentors volunteer their time to teach one or two students a specific skill in a safe, supervised setting. Sessions can take place **during the summer or early fall**, depending on the mentor's availability. The duration and timing of the mentorship will be arranged directly between the mentor and student. CLAY will cover the cost of any necessary materials and will manage all registration.



Application

Downtown Dental – Dentistry/Dental Assistant – Dr. Bimra

Students will learn about the role of dental assistants and dentistry.

This opportunity is for Grades 10-12 students, that show an interest in Dentistry

Dates to be determined by student and Dr. Bimra during the summer months or early fall.

Name: _____ **Grade** _____

Phone#: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

Give us a few words about why you feel you would be the best person for this opportunity.

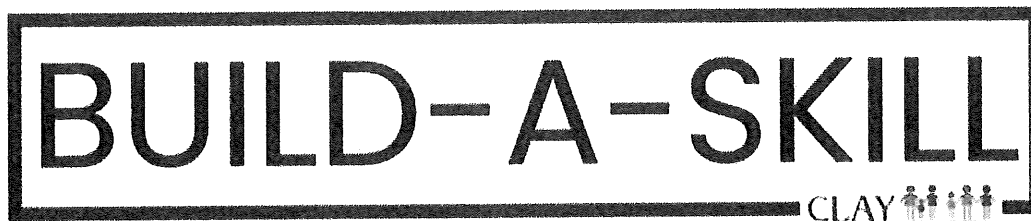
Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with Dr Bimra or her employees while participating in the Build a Skill initiative. Dr Bimra and employees will go above and beyond to avoid risk to the student. **An oath of confidentiality and a consent form will need to be completed prior to placement.**

Legal Guardian Signature: _____

Phone #: _____

Please return this completed opportunity to PDFCSS Provincial Building, 5419-44 St, Suite 103, or email to provostclay2012@gmail.com, by *June 18, 2025*. Once we have received your application you will receive either a phone call or email to confirm we have received it. For more information, please contact Carrie 780 753-2288, ext 2.



Application

DR Technology – Technician Assistant – Duane Richmond

Students will assist the technician and help solve problems and fix computers or other technology.

Limited students, Grades 9-12, that show interest in computer technology.

Dates to be determined by the student and Duane during the summer months or early fall.

Name: _____ **Grade:** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

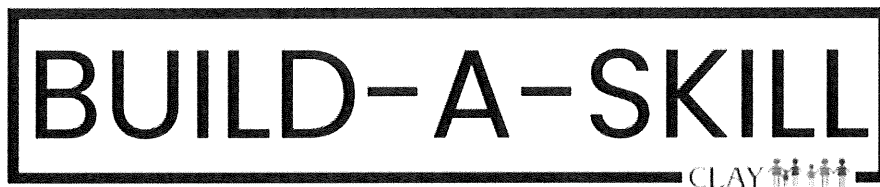
Give us a few words about why you feel you would be the best person for this opportunity.

Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with employees of DR Technology while participating in the Build a Skill initiative. DR Technology employees will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____ **Phone #:** _____

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Application

Heiress Beauty Co – Clinical Esthetician Assistant – Allie Granger

Students will gain hands-on exposure to salon operations, insight into aesthetic treatments, makeup artistry and client care, guidance on education and career pathways in the beauty industry and an opportunity to build confidence and communication skills.

Limited to one student, Grades 10-12, that show interest in esthetics.

Dates will be during the summer months or early fall, to be determined by the student and Allie with a total of 6 hours.

Name: _____ **Grade:** _____ **School** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

Give us a few words about why you feel you would be the best person for this opportunity.

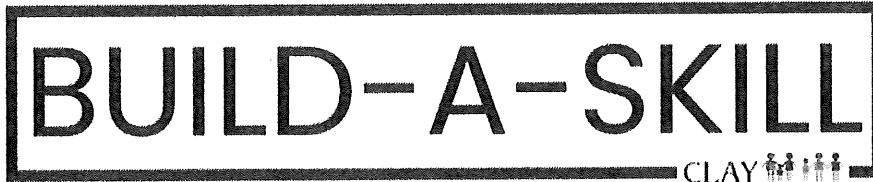
Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with Allie Granger while participating in the Build a Skill initiative. Allie will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____

Phone #: _____

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Application

Provost Daycare Society – Early Childhood Development – Robyne Power

Students will be placed in a classroom to interact with children and create play experiences that are initiated by the children. Students will have the opportunity to enhance play and observe the FLIGHT curriculum being implemented in each classroom.

Limited to students Grades 10-12, that show interest in early childhood development.

Dates to be determined by student and Robyne with a total of 8 hours, during the summer months or early fall.

Name: _____ **Grade:** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

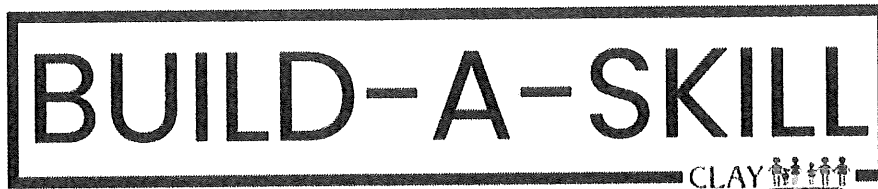
Give us a few words about why you feel you would be the best person for this opportunity.

Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with employees of the Provost Daycare Society while participating in the Build a Skill initiative. Daycare employees will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____ **Phone #:** _____

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Application

Provost Health Care Centre – Alberta Health Services – This opportunity is for Grades 10-12 students, interested in a health-related field (i.e. Health Care Aide, Nurse, Recreation Therapy, Lab Tech etc.) *Students will job shadow and observe what it is like to live a day in the life of a healthcare professional.*

Please **check only ONE role** you are interested in for the Build A Skill opportunity:

- | | | |
|---|--|---|
| <input type="checkbox"/> Health Care Aide | <input type="checkbox"/> Dietitian | <input type="checkbox"/> Lab/Xray Tech |
| <input type="checkbox"/> Licensed Practical Nurse | <input type="checkbox"/> Physiotherapist | <input type="checkbox"/> Occupational Therapist |
| <input type="checkbox"/> Registered Nurse | <input type="checkbox"/> Physiotherapy Assistant | |

Dates: Dates to be determined by the student and Site Lead at Provost Health Centre

Name: _____ **Grade** _____

Phone#: _____ **Email Address:** _____

Please note: Due to limited spots available for each opportunity, submitting an application does not guarantee selection. If you are accepted but later realize you cannot participate, please let us know as soon as possible so we can offer the opportunity to someone else. **Initial that you understand this statement** _____

Give us a few words about why you feel you would be the best person for this opportunity.

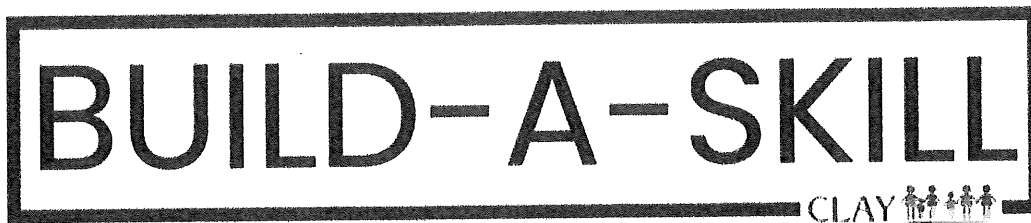
Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with employees of AHS Provost Health Centre while participating in the Build a Skill initiative. The AHS employees will go above and beyond to avoid risk to the student. The student will be required to complete the Job Shadow Host registration as required by Alberta Health Services.

Legal Guardian Signature: _____

Phone #: _____

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Application

Provost Seed Cleaning Plant – Grain and Seed Processing – Hugh Baier

Students will learn how to process seeds, they will assist with receiving, processing, and loading the seeds for the farmers.

Limited to two students, Grades 10-12, that show interest in Agriculture.

Dates to be determined by student and Hugh with a total of 8 hours, during the summer months or early fall.

Name: _____ **Grade:** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

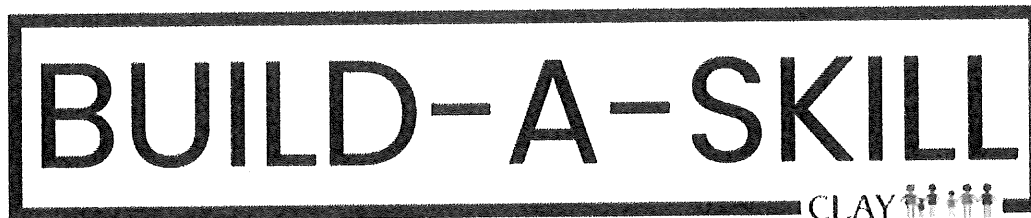
Give us a few words about why you feel you would be the best person for this opportunity.

Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with employees of Provost Seed Cleaning Plant while participating in the Build a Skill initiative. Provost Seed Cleaning Plant employees will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____ **Phone #:** _____

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Application

Recovery Alberta - Health Promotions – Christina Harvey

Students will learn about the role, have opportunities to interact with community partners and support the work in the community.

This opportunity is for Grades 10-12 students, that show an interest in Social Worker or Therapy.

Dates to be determined between Christina and students, during the summer months or early fall.

Name: _____ **Grade** _____

Phone#: _____ **Email Address:** _____

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Give us a few words about why you feel you would be the best person for this opportunity.

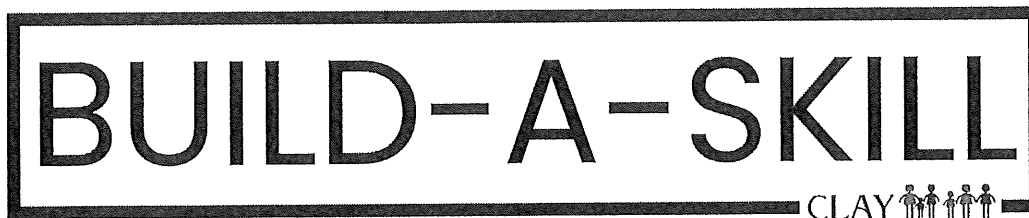
Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with Christina Harvey while participating in the Build a Skill initiative. Christina will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____

Phone #: _____

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Application

Richardson Pioneer – Agri-Business - Darrel Huber

Students will assist the employees of Richardson Pioneer and learn what it takes to work with farmers as they deliver their quotas.

Limited to students Grades 10-12, that show interest in Agriculture.

Dates to be determined by student and Darrel, with a total of 8 hours, during the summer months or early fall.

Name: _____ **Grade:** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

Give us a few words about why you feel you would be the best person for this opportunity.

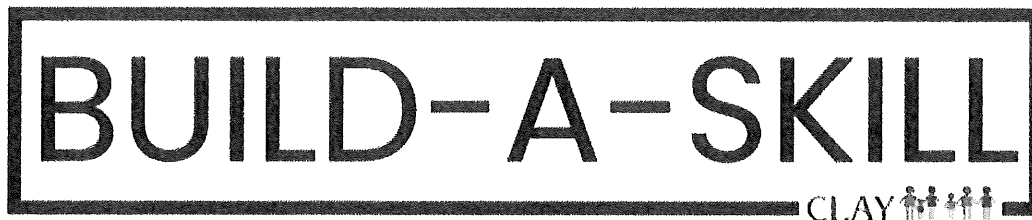
Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with employees of Richardson Pioneer-Provost while participating in the Build a Skill initiative. Richardson Pioneer-Provost employees will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____

Phone #: _____

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Application

Tom's Tree Trimming – Vehicle and Shop 101 – Tom Meier

Students will learn how to do simple maintenance of their vehicle and understand how to use items in the toolbox.

- *Learn how to check the oil and fluids, tire pressure, how to boost your car and the importance of vehicle maintenance and safety.*
- *Learn and understand simple toolbox language; socket, wrench, screw drivers, pry bar, how to read a measuring tape and level.*
- *If interested, students could also learn how to use a chainsaw and chipper safely.*

Unlimited students, Grades 9-12, who show interest in everyday maintenance to their vehicle.

Dates and hours will be determined by the amount of interest during the summer months or early fall.

Name: _____ **Grade:** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

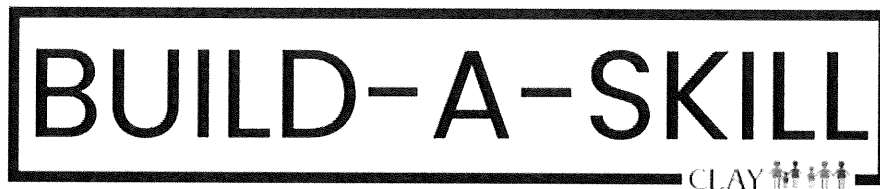
Give us a few words about why you feel you would be the best person for this opportunity.

Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with employees of Tom's Tree Trimming while participating in the Build a Skill initiative. Tom's Tree Trimming employees will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____ **Phone #:** _____

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Application

Food Forest & Orchard Assistant – Vivienne Kostiuk

Students will learn how to care for a food forest and orchard while layering green and brown layers with mulch, weeding and trimming trees, watering, seeding, planting, beautifying, foraging and possibly some processing (drying, making salves, tinctures, etc.)

Limited to students, Grades 7-12, that shows a strong interest in Food Production.

Dates and hours to be determined by student and Vivian.

Name: _____ **Grade:** _____

Phone #: _____ **Email Address:** _____

As we must limit the number of spots for each opportunity, just applying doesn't mean you will be selected to participate. **Initial that you understand this statement** _____

Give us a few words about why you feel you would be the best person for this opportunity.

Legal Guardian Disclaimer:

I _____, understand that my student may be working alone with Vivienne Kostiuk while participating in the Build a Skill initiative. Vivienne will go above and beyond to avoid risk to the student.

Legal Guardian Signature: _____ **Phone #:** _____

Please return this completed opportunity to PDFCSS Provincial Building, 5419-44 St, Suite 103, or email to provostclay2012@gmail.com, by **December 16, 2024**. Once we have received your application you will receive either a phone call or email to confirm we have received it. For more information, please contact Carrie 780 753-2288, ext 2.